

Refreshing Mind, Body, and Spirit





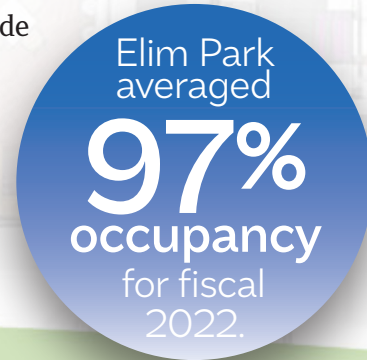
Dear Friends

As we look back on 2022, the newly restored well that sits on our beautiful campus comes to mind.

While the world continues to face many challenges, our historic well that once sat on the original site of Elim Park in Shelton, reminds us of God's ever-flowing love. It's an enduring reminder to persevere in the face of these challenges, knowing that God's plan for us arises from a bedrock of faith that guides us in all that we are and all that we do.

As we welcome 2023, we lead with purpose in continuing to provide unparalleled opportunities for

people to grow in mind, body and spirit. These efforts continue to establish Elim Park as a unique and vibrant residential destination for seniors. We are investing \$6M in capital spending to enhance our campus, and bring to life new amenities. To date, construction is nearing completion on our much-anticipated Arts & Leisure Center, Painting & Pottery Studio, Summer Shack outdoor dining venue, and inspiring Prayer Chapel. The Chapel will grace the front of our entrance and provide a larger space for prayer, renewal, and personal ministry.



The new Arts & Leisure Center will also help expand our resident-motivated Elim Park University with new spaces for teachers and students to enjoy the exceptional educational opportunities our community has become known for. And of course, our beloved Nelson Hall Performing Arts Center continues to raise the bar of musical excellence, filling the hearts of residents and community patrons with the sound of celebration and song.

As a result of our faith in God and this commitment to the growth and well-being of our community, in 2022 Elim Park continued to experience a high residential apartment home occupancy at an average of 97% for the fiscal year. We continue to be blessed with the dedication of staff who go above and beyond to meet the needs of residents.

These are just a few of the many examples of God's love and protection that continue to bless each and every one of us at Elim Park. The following pages will tell you more about how this wellspring of hope, joy and comfort manifests daily in the wonderful community we are fortunate to call home.

Sincerely,
Brian M. Bedard
Brian Bedard
President and CEO

Whoever believes in Me, as the Scripture has said, will have streams of living water that will flow from within him.

—John 7:38

A Well of Inspiration

The original well on our Shelton location (which provided the community's water supply) was moved in 1958 to the new campus in Cheshire as a symbol of our past and perseverance. This historic well has since endured many years of New England weather and needed repair. Stepping up to the challenge was **Fred Malmberg**, a longtime member of the maintenance team. Fred is a

carpenter by trade, as were his father and grandfather. Before coming to Elim Park, Fred owned his own homebuilding and remodeling business. After being retired for several years, Fred felt the itch to be back at work after seeing an ad for a carpenter at Elim Park. Seventeen years later, this December, Fred "retired" once again, this time from Elim Park – but not before completing a full restoration of the well. Now sturdy and stylish with Fred's architectural improvements, the well

sits prominently on campus surrounded by new garden berms, benches, and beautiful plantings; a fitting stage for a beloved icon that represents the devotion of staff members like Fred who are the heart of our community's success.



Elim Park's historic well is in good shape once again thanks to staff member Fred Malmberg (below).



New Center Soon Opens a World of Opportunities

Mark Connor,
Principal,
Connor Architecture



Elim Park's new Arts & Leisure Center, a "mini-resort" within our larger community, has broken ground and promises something for everyone. When you ask **Mark Connor**, Principal of Connor Architecture, about the "purpose-driven design" of this unique Arts & Leisure Center his face lights up. "Our mission is to create spaces that people really want to live in," Mark comments. "Now that may sound obvious, but Elim Park and our architecture firm's vision is to bring spaces to life in ways that people haven't experienced before. For instance, the new Game Room isn't just four walls and some card tables. It will have the look of authentic post-and-beam wood in a big mountain lodge-like space that will feature a

fireplace, large windows, a pool table, tabletop bowling and more. For art lovers, the 'Makers' Space' is an inspiring area for pottery, painting, and crafts, which features shelving to showcase artwork and a large storefront window where passersby can see resident creations on display."

And that's just the start: A unique TV style teaching kitchen (think Rachael Ray or Bobby Flay!) where residents and guests can watch a cooking demo with one of our chefs, cook a family dinner together, or throw a Super Bowl party with friends and watch the game on the kitchen's supersized TV screen. The "Caddy Shack" will offer opportunities to hit a hole-in-one with our new golf simulator and travel virtually to exciting places around the world. The Summer Shack seasonal restaurant will feel like a trip to the shore with its

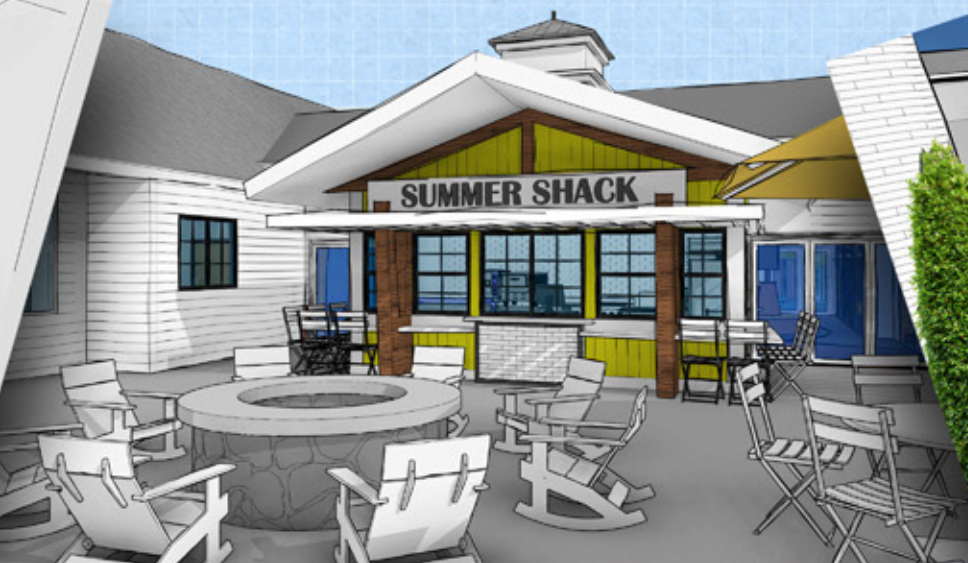
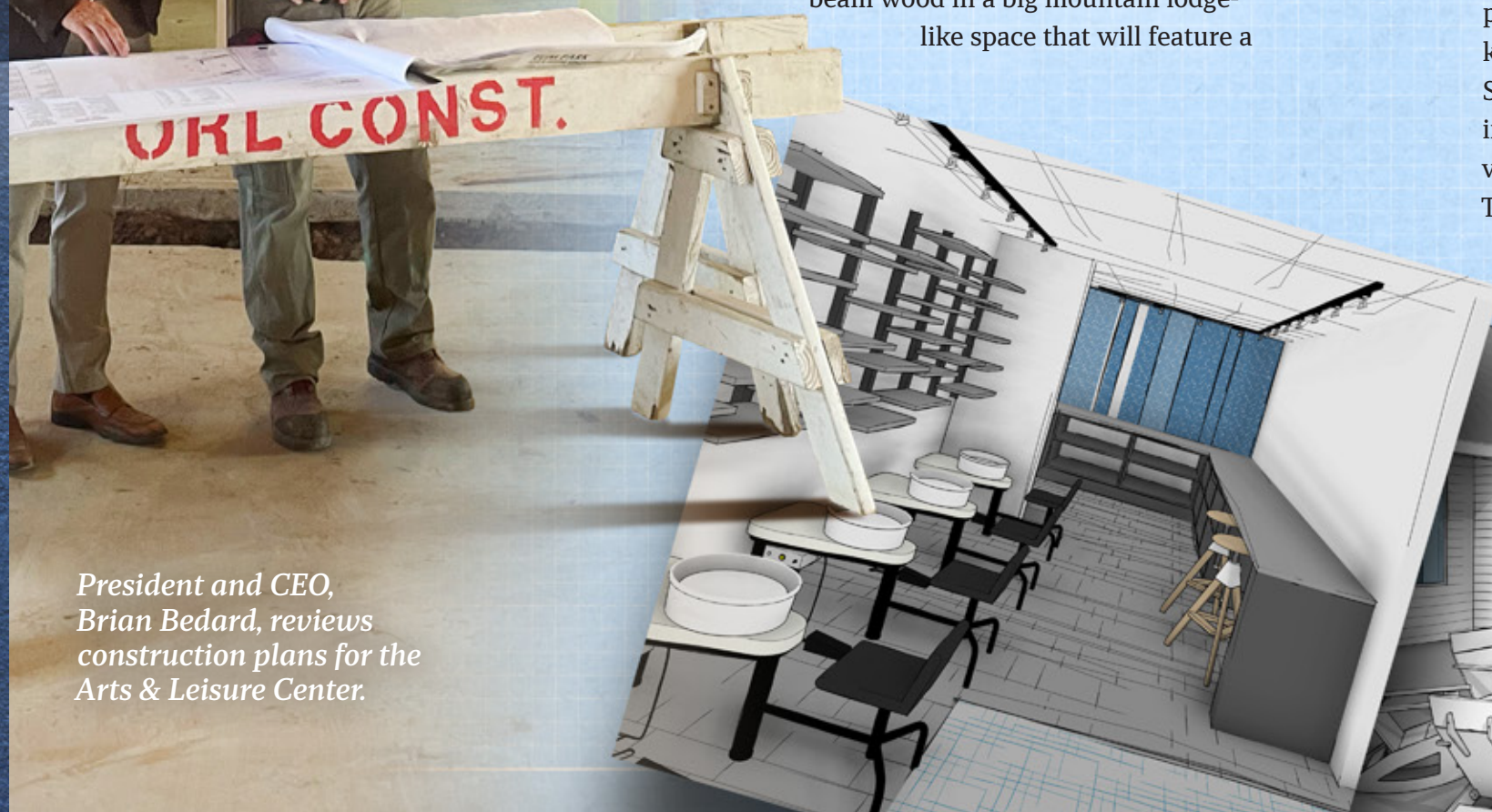
Your apartment is your home, and the corridor is the street that offers so many lifestyle choices.

classic, casual seafood menu, outdoor tables and fire pit for gatherings on cool summer evenings. The crowning grace of this new expansion is

an inspirational new Prayer Chapel located at Elim Park's main entrance inviting people to gather in fellowship and faith.

Mark Connor sums it up with, "Most places design their communities simply as a gigantic house; we see Elim Park as a vibrant version of your town. Your apartment is your home, and the corridor is the street that offers so many lifestyle choices that you'll say, 'There's so much to do here, I don't know how I can fit it all in!'"

Elim Park's Prayer Chapel is taking shape.



President and CEO,
Brian Bedard, reviews
construction plans for the
Arts & Leisure Center.



Mary Melby, first superintendent, devoted her life to Elim Park caring for others.

Staff Who Go Above and Beyond

From its earliest days to today, the hallmark of Elim Park has been its extraordinary staff. This legacy began with Miss *Mary Melby*, a missionary to Swedish immigrants in New York. Mary volunteered to come and help set up Elim's original Home in 1907 and stayed to become our first superintendent. Mary served with incredible devotion, refusing remuneration—until the Board of Managers insisted that she be paid \$240 a year. Mary turned around and donated her entire salary to build a new bathroom for the residents and asked that any remaining funds be put back into the treasury.

This “above and beyond” attitude is exemplified in Elim Park staff throughout our campus. From housekeeping to dining services, maintenance to transportation and beyond, we are blessed with a team that puts residents’ needs first and assists them in living their best lives possible. Our popular Fitness & Wellness Center is just one example of this commitment. The Center’s Wellness Coordinator is *Pamela Grant* whose experience and passion for fitness has found a real home and purpose here at Elim Park. Pamela reflects, “We are here for residents right where they live, which enables us to



Pamela Grant, Wellness Coordinator

Elim Park is blessed with a team that puts residents’ needs first and assists them in living their best lives possible.

really get to know them and build truly meaningful relationships. It all starts with educating residents about the importance of incorporating movement and activity into their daily lives. When a resident moves in, we’re ready to help determine and achieve their individual wellness goals. And it’s never too late to start!”

Pam leads resident Zumba, Mind/Body Stretch and aerobics classes on both land and water; “It’s wonderful to see residents of every age and ability come here to stretch and strengthen their muscles, reduce stress, improve their balance

and quality of life. And no matter what your fitness level is, there are individual fitness activities and group classes made just for you.”

The Fitness & Wellness Center is also a lively social hub for residents—another reason why so many love spending time here. “Our resident participation rates are ‘off the charts,’” reports Pam. “In fact, our yearly attendance numbers in 2022 have soared to 13,000 visits, compared with 9,500 visits in 2020. Even if you’ve never stepped foot inside a gym before, our Fitness Center is a great place to find out how much fun fitness and wellness can be!”

The “IT” Factor Makes the Rehab Difference

What makes Elim Park’s inpatient and outpatient rehabilitation services, for our residents and general community, so special? Rehab Director *Liz McAdam*, MS, PT, says it is her staff that makes all the difference: “Many communities offer similar services but the thing that distinguishes our rehab and clinical care is the quality of our staff. We search for professionals who have what I call the ‘IT’ factor... an ability to listen and really get to know the patient, meet them where they are and tailor their therapy program to what is truly right for them. Though rehabilitation is often thought of as only a physical process, it’s also a psychological and emotional one. Our staff is selected for their skill in helping patients work through obstacles and develop confidence in their abilities again. Families are also a priority and we’re there 7 days a week to support and inform

them so they can best help their loved one. Our patients and families describe our staff as ‘gems’—and I agree!”

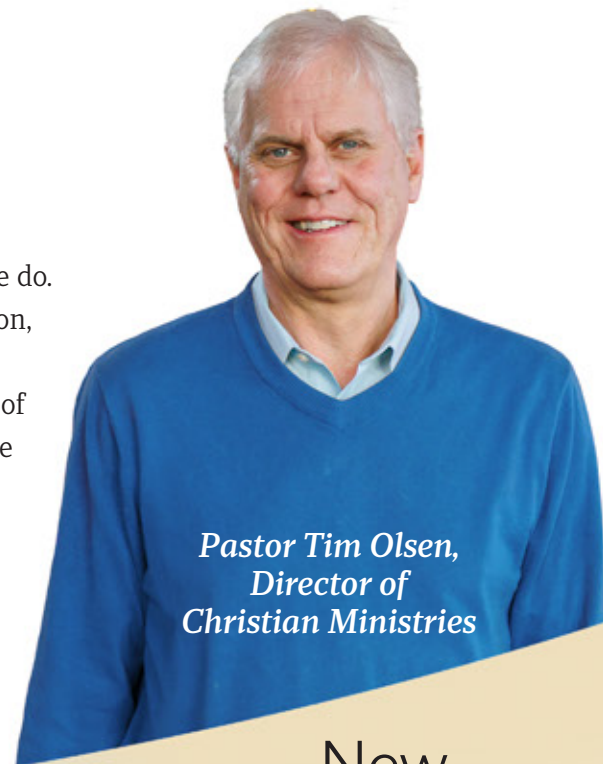
(r) Liz McAdam, Director of Rehabilitation with team members (l to r) Tony Sklanka, Stephanie Higgins, and Brittney Perry



Nurturing the Heart and Soul of Our Community

Since becoming Director of Christian Ministries in December 2021, Pastor **Tim Olsen** has embraced our mission of honoring God in all we do. “I loved my many years as pastor of the Covenant Church in Thomaston, Connecticut. However, I am thrilled now to help nurture Elim Park’s atmosphere of love and kindness for residents of all faiths. A big part of my mission is supporting our Resident Chaplains who often lead Bible Study classes and worship services and provide pastoral care. It’s an honor to encourage residents and staff on their spiritual journey.”

Pastor Tim is especially excited about the new Prayer Chapel opening in 2023. “This beautifully designed new space will be located near the entrance to Elim Park and will provide a dedicated room for prayer, Bible study, healing services and small group worship,” Pastor Tim comments.



*Pastor Tim Olsen,
Director of
Christian Ministries*

Above all, our new Prayer Chapel is another demonstration that God is indeed the heart and soul of our community.”

In the time ahead, Pastor Tim is looking forward to extending a gentle invitation for others to experience God’s love and developing new ways to serve our larger communities. “Elim Park is a wonderful resource for residents and family to come here to develop a deeper faith, servanthood, and to grow spiritually. Sharing the gifts we’ve been blessed with here at Elim Park is a joy and privilege.”

“I am thrilled to help nurture Elim Park’s atmosphere of love and kindness for residents of all faiths.”



New Adventures Await

When **Diane and Richard Albro** moved from Watertown to Elim Park in 2021 they quickly decided to take advantage of Elim Park’s full calendar of programs, activities and events. The monthly Everything Elim magazine serves as their planning guide. Diane says, “We felt at home here very quickly, in large part, because we found so much to enjoy every day at Elim Park.”

Richard agrees. “As a fan of lifelong learning, I joined the Elim

Park University committee where we help develop new courses and classes. And we love being students here! Diane and I are particular fans of resident Dick Boynton—a rocket scientist!—and his Wonders of the Universe lectures.”



Fitness is a favorite as well. “I’m at the Fitness & Wellness Center on a regular basis and especially love the water aerobics classes,” observes Diane. “And this is from someone who had never spent time in a pool before!” Ease of transportation is another big plus, Richard comments, “It’s so convenient to go on out-trips to great places like the Thimble Islands or a marine research boat on the Long Island Sound. Transportation services also came in handy when Diane had cataract surgery. She was driven back and forth to Waterbury for appointments, and we didn’t have to worry about getting her there—especially during Covid.”

“Life at Elim Park is beyond our expectations,” concludes Diane. “We still have our privacy as a couple, yet we interact and socialize whenever we want. I’m so glad we didn’t wait to make the move here because Richard and I are now so fortunate to share these great adventures together.”



*Elim Park residents
Richard and Diane Albro*



A Thimble Islands cruise is just one of the many fun adventures that residents have experienced.



Celebrating Nelson Hall's Best Season Ever!

While Nelson Hall has long been justly well known for the caliber of its performances, 2022 raised the roof with an incredible roster of musical magic! In fact, 2022 was our most successful season ever with mostly full house shows.

The Fall Season kicked off in September with the harmonies of *The Laurel Canyon Band*, a renowned acoustic tribute to Crosby, Stills, Nash and Young. In October, audiences were treated to the Forever Everly Rockumentary, a unique documentary that blended film and live music to tell the life story of the Everly Brothers...as incredible live musicians performed the famous duo's hits on our stage. In mid-October, *Tusk*—the world's #1 Fleetwood Mac Tribute band—performed to sold-out crowds. October closed with a breathtaking *Tribute to Elvis*. When musician Travis LeDoyt started to sing and

dance, fans remarked “The King” really was in the building!

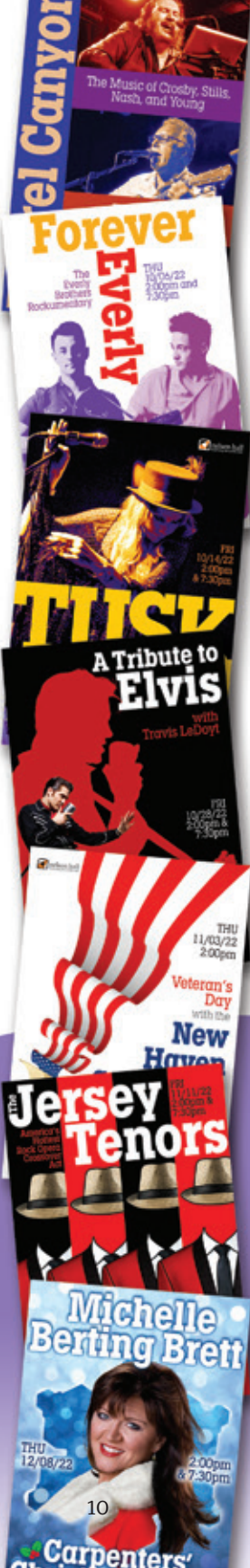
November brought the New Haven Symphony Orchestra Brass Quintet to Nelson Hall to celebrate our veterans in high style with American military favorites, along with the famed Brass Quintet's stirring versions of armed forces medleys, jazz and marches. Later that month, perennial fan favorites The Jersey Tenors performed an unforgettable blend of iconic Opera classics and Rock 'n' Roll and featured tributes to Frankie Valli and the Four Seasons, Frank Sinatra and Bruce Springsteen.

Our wildly successful 2022 season closed with a heart stirring Merry Christmas Darling: Carpenter's Christmas. Acclaimed concert and recording artist, Michelle Berting Brett, replicated the unique,

pure voice of Karen Carpenter, as audience members sang along to hits such as “Close to You” and holiday favorites like “Winter Wonderland.”

This year's sensational season included performances by Laurel Canyon, a tribute to the music of Crosby, Stills, Nash and Young (l); a Tribute to Elvis featuring Travis LeDoyt; and Tusk, the World's #1 Fleetwood Mac Tribute Band (r).

“This show was absolutely amazing! I have seen Elvis in person, and we have also been to Vegas to see impersonators, but this man was amazing, personable, funny, and so entertaining!”
—Nelson Hall patron



To check out our performance calendar and get on our email list, go to Nelsonhall.org, or call the Box Office at 203.697.8992

Generous Donors

AmazonSmile Foundation	Chapel of the Cross	Bud Disbrow	Judy Haddad	Kevin Kopp	Louise Naclerio	Steve & Lori Robey	John & Allison Sweeney
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Our Mission

Elim Park is a not-for-profit Life Plan Community whose mission is to provide quality care through comprehensive wellness programs and medical facilities for our residents in a Christ-centered environment.

Elim Park looks upon its mission as an extension of

the Church ministry within Converge Worldwide and gives admission priority to its members.

Residents are encouraged to grow spiritually as they live out their lives at a level of wellness and independence appropriate to their individual situations.

Our Values

Honor God in all we do.
—Colossians 3:23

Encourage spiritual growth.
—Colossians 1:9

Respect the dignity of life.
—1 John 3:17

Commit to excellence.
—Philippians 4:8

Respect the individual.
—Philippians 2:3-4

Hire a competent staff who exhibit a caring attitude and high moral standards.
—Proverbs 3:5-6

Maintain open communication.
—2 Corinthians 8:21

Be fiscally responsible.
—1 Timothy 5:8

Board of Directors

Representing a wide range of professional backgrounds and accomplishments, the individuals who serve on the Board of Directors share the foundational vision of Elim Park: serving God by serving people. Our volunteer Board members give generously of their time and talents. They are members of the Converge churches which founded Elim Park 117 years ago. We are immensely grateful for their expertise and oversight.



Roberto Ecker
Chair

Rob is Sr. Vice President and CFO at the Guardian Life Insurance Company of America in New York, NY.



Chris Nelson
Immediate Past Chair

Chris is President of Nelson Construction, Inc. in Farmington, CT.



Terrance Brennan
Vice Chair

Terry is CFO for Spine Wave, Inc. in Shelton, CT.



Dr. Timothy J. Ponzani
Secretary

Tim is Regional President & Executive Minister of Converge Northeast.



Geoffrey Swanson
Treasurer

Geoff is Sr. Vice President of Morgan Stanley in West Hartford, CT.



Vicki L. Hoffman

Vicki is Vice President of Operations at Englewood Health in Englewood, NJ.



Wayne Detzler

Wayne is an Elim Park Place resident and a resident Chaplain.



Glenn Mason

Glenn is Managing Director of New England Capital in Simsbury, CT.

Board member Terry Brennan

For more than 15 years, **Terry Brennan**, CEO of Spine Wave in Shelton, CT, has been a key member of the Board of Directors. Terry comments, "What I love about being part of Elim Park is that this community is a living, breathing testament to when you put your faith and trust in God, great things happen. My mother-in-law, Doreen, lives here, and we see her flourishing. It's truly an honor to be part of this community whose mission and values inspire us all—and where I've received as much or more as I've put in!"

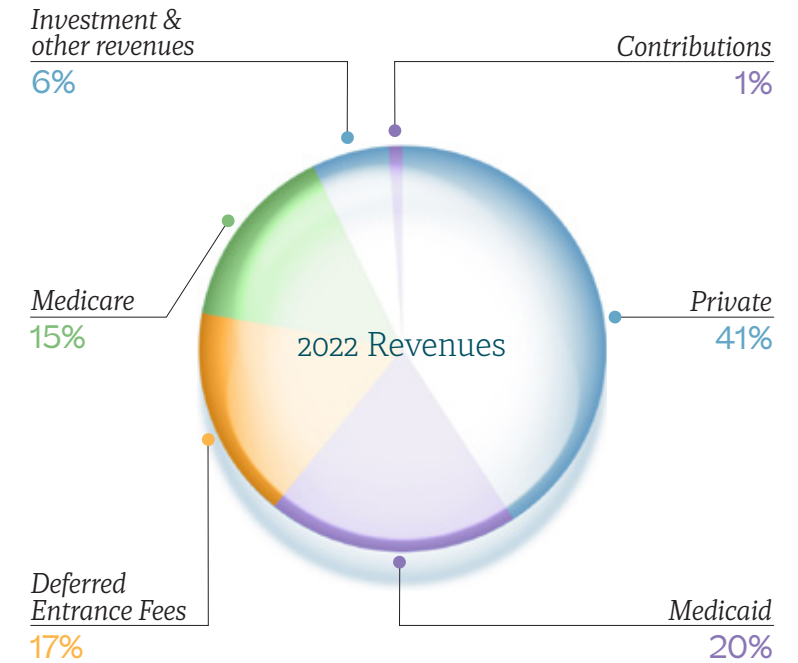
Terry Brennan (r), with his wife Nadine (l), son Luke (c) and mother-in-law Doreen Schiavo (seated)



Elim Park Baptist Home, Inc. Audited Financial Statements

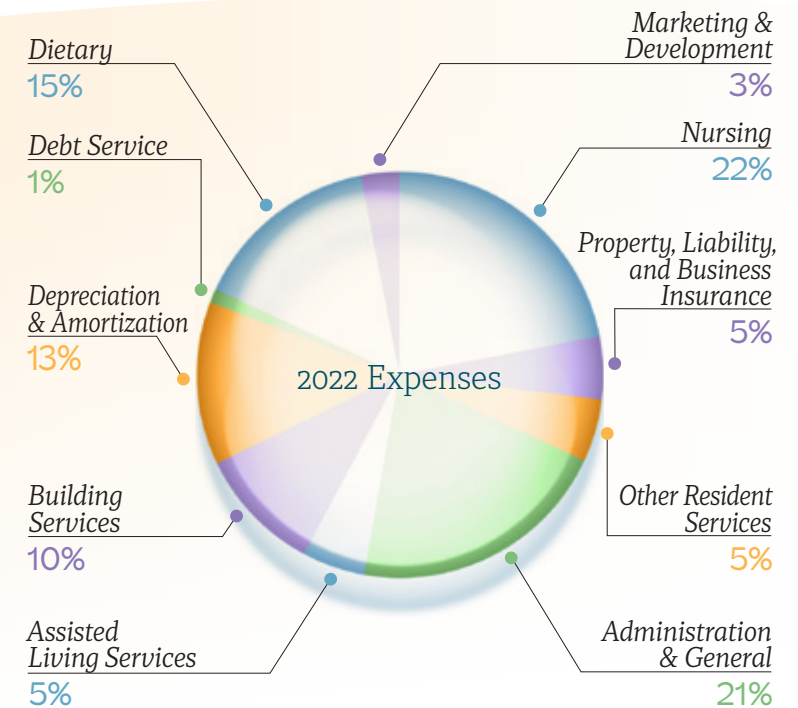
Consolidated Balance Sheet for Fiscal Years ending September 30, 2022 & 2021

Assets	2022	2021
Investments	\$ 28,177,762	\$ 31,560,978
Accounts Receivable	3,346,029	3,629,962
Prepaid and Deferred Expenses	406,379	294,630
Fixed Assets, Net	50,469,829	47,908,231
Other Assets	978,673	1,072,384
Total Assets	\$ 83,378,672	\$ 84,466,185
Liabilities	2022	2021
Accounts Payable	\$ 3,461,879	\$ 3,113,665
Deferred Entrance Fees Income	33,348,392	32,742,491
Entrance Fee Refunds Payable	19,303,966	20,436,905
Bonds and Notes Payable	12,669,211	12,771,852
Accruals and Other Liabilities	2,355,160	2,767,104
Total Liabilities	\$ 71,138,608	\$ 71,832,017
Fund Balances (Net Assets)	12,240,064	12,634,168
Total Liabilities and Net Assets	\$ 83,378,672	\$ 84,466,185



Summary of Expenses & Revenues for the Years ending September 30, 2022 & 2021

Expenses	2022	2021
Care for Residents of Health Care	\$ 12,533,504	\$ 13,403,360
Support Services for Independent Living Areas	11,973,676	10,915,095
Depreciation and Debt Service	4,076,819	4,086,627
Total Expenses	\$ 28,583,999	\$ 28,405,082
Revenues	2022	2021
Room & Board, Ancillary and Service Fees	\$ 31,344,875	\$ 28,221,814
Investment and Other Income	2,119,415	2,123,056
Total Revenues	\$ 33,464,290	\$ 30,344,870
Total Contributions	\$ 313,670	\$ 195,541



Come see
what Elim Park
offers your
mind, body,
and spirit.

*Join us for an Open
House or set up a
personal visit.*



Elim Park Baptist Home, Inc. DBA

NON-PROFIT ORG
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Why wait?

*For information and
a tour of Elim Park Place, call*

203.272.7550
or visit
elimpark.org