

Updated January 2026



Cheshire Community Guide



We've gathered a list of essential resources, recommended local businesses, and helpful services all within a short distance of our community.

This guide is regularly updated. Know a great business? Suggest a listing.

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ESSENTIAL LOCAL RESOURCES

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We've carefully selected third-party wellness resources that may complement, but not replace, the services available on our campus.

The businesses and services listed in this Community Directory are provided for informational purposes only. Elim Park does not endorse, recommend, or guarantee the quality of service or experience with any third-party provider listed here.

We encourage residents and families to conduct their own research, read reviews, and make informed decisions before engaging with any service. If you have feedback (positive or negative) about a listed business, please let us know so we can keep this guide accurate and helpful for everyone.

Public Library |

Cheshire Public Library
www.cheshirelibrary.org/
104 Main St, Cheshire, CT
(203) 272-2245

Senior Center |

Cheshire Senior Center
240 Maple Ave, Cheshire, CT
(203) 272-8286

Post Office |

www.usps.com
210 Maple Ave, Cheshire, CT
(800) 275-8777

Police |

500 Highland Avenue
(203) 271-5500
Emergency Phone: 911

Fire Department |

250 Maple Avenue
(203) 272-1828
Emergency Phone: 911

Poison Control |

1-800-222-1222

AREA HOSPITALS

within 20 miles of Elim Park

Midstate Medical Center (10.4 miles)

435 Lewis Ave, Meriden, CT 06451

Yale New Haven Hospital (15.3 miles)

20 York St, New Haven, CT 06510

Yale New Haven Hospital

- St Raphael Campus (16 miles)

1450 Chapel St, New Haven, CT 06511

St. Mary's Hospital (11.5 miles)

189 Union St, Waterbury, CT 06706

Waterbury Hospital (14.5 miles)

Robbins Street, Waterbury, CT 06706

Middlesex Hospital (18.2 miles)

28 Crescent St, Middletown, CT 06457

The Hospital of Central Connecticut

New Britain General Campus (19.5 miles)

100 Grand St 1st Flr, New Britain, CT 06052

TAX SERVICES

Every year AARP offers **free tax preparation** at the Cheshire Senior Center.

The **AARP Income Tax Program** is by appointment and sign ups start toward the end of January, with appointments usually beginning in February.

ART STUDIOS/GALLERIES

Falcone Art Studio
634 W. Main Street
(203) 671-1256

Artsplace
493 W Main St
(203) 272-2787

FUN SPACES

Bartlem Park (Summer Concerts)
520 S Main Street
(203) 272-2743

Barker Character Comic & Cartoon Museum
1188 Highland Ave
(203) 272-2357

COFFEE SHOPS

Cheshire Coffee
cheshirecoffee.com
210 Old Towne Road
(203) 271-3370

Dunkin Donuts
(multiple locations)
1041 S Main Street
(203) 250-7711

Main Street Caffe
209 West Main Street
(203) 439-9434

Starbucks
944 S Main Street
(203) 872-6137

The Bean Coffee Roasters
118 S. Main Street
(203) 250-7806

ICE CREAM

Dippin' and Poppin
2055 Meriden Road
(860) 302-0672

Rose Dairy *(Seasonal)*
906 S Main Street
(203) 271-3262

Micro Creamery
828 South Main Street
(203) 631-3773

Sweet Claude's
493 W Main Street
(203) 272-4237

HAIR/BEAUTY SALONS

Elim Park does boast it's own salon on campus if you choose to use it. **Call x4135**

129 on Main Salon & Spa

129 Main Street
(203) 439-2700

Jonathan Carol Salon

650 Highland Avenue
(203) 671-1424

A Fresh Start

136 S Main Street
(203) 651-0061

L'Elegance Salon

166 South Main Street, Unit A
(203) 248-9687

Albi's Barbershop

1059 South Main Street
(203) 598-2204

Mimi's Salon

197 Highland Avenue
(203) 699-1288

Allin Hair Studio

1034 S Main Street
(203) 806-1638

Salon of Cheshire

1064 S Main St
(203) 640-5253

Anna V Collective

130 Elm Street
(203) 284-9453

Smitten Kitten Beauty LLC

1097 S. Main Street
(203) 645-8201

Cappola-Brokaw Art of Hair

98 Elm Street
(203) 272-4247

The Hair

1175 S Main Street, Number B
(203) 278-3908

Invoke Salon

471 W Main Street
(203) 806-1041

The White Birch Salon & Boutique

286 Maple Avenue
(860) 807-5961

NAIL SALONS

Elim Park does boast it's own salon on campus if you choose to use it. **Call x4135**

3D Nail Spa III
16 Chipman Drive
(475) 315-0665

Peony Nails & Spa
947 S Main Street
(203) 439-8030

California Nails
194 S Main Street
(203) 250-9977

Queen Nail Salon
306 Highland Avenue
(203) 676-6634

Kimmie's Nail Salon
1093 S Main Street
(203) 272-9892

Siha Nails and Spa
55 Elm Street, Unit 3
(203) 213-9187

Nail Care & Spa
306 Highland Ave
(203) 250-0001

Top Nails & Spa
147 Highland Avenue
(203) 272-2666

New Paradise Spa & Nails
1033 S Main Street
(203) 439-0806

Vicky Nails & More
1175 S Main Street
(203) 250-1555

ManiPedicome2u (Mobile)
158 Willow Street
(203) 487-7183

BANKS

Bank of America
185 Highland Ave
(203) 271-0093

Chase Bank
202 Highland Ave
(203) 651-6954

Ion Bank
218 Maple Ave
(203) 729-4442

Liberty Bank
160 Highland Ave
(203) 250-2114

M&T Bank
286 Maple Ave
(203) 718-9868

TD Bank
595 Highland Ave
(203) 272-1602

Webster Bank
145 Highland Ave
(203) 250-5900

Wells Fargo Bank
311 Highland Ave
(203) 272-3572

SUPERMARKETS

Big Y
1021 S Main Street
(203) 272-2266

Stop & Shop
275 Highland Ave.
(203) 272-1011

Whole Foods
1985 Highland Ave
(203) 651-7305

CELL PHONE STORE

AT&T
953 S Main Street
(203) 439-8697

Verizon
191 Highland Ave
(203) 272-0005

T-Mobile
533 S Broad St, Meriden
(203) 237-5530

CAR WASH

Splash
1123 Highland Ave
(203) 250-9274

Cheshire Detailing
1125 Highland Ave
(203) 250-7001

DECLUTTER SPECIALIST

Elaine Turek
thedeclutterspecialist@gmail.com
(203) 269-3003

BOOK STORES

ReRead Books & More
106 Elm St
(203) 250-3312

Barnes & Noble
1991 Highland Ave
(475) 832-5936

Professional Services



FINANCIAL ADVISORS

Certified Financial Services, LLC
283 Talmadge Rd
(203) 232-3834

Edward Jones
100 Hinman St
(203) 718-0001

Egidio Lennon Wealth Management
20 Realty Drive
(203) 439-0732

Hoynes Financial Group, LLC
55 Realty Drive Suite 300
(203) 271-0222

Northwestern Mutual
55 Manor Drive
(475) 333-8337

Tradewinds Wealth Management
325 Highland Ave Suite 201
(203) 889-0067

[Outside of Cheshire:](#)

Nesso Group
409 Canal Street, Milldale, CT
(203) 237-7900

Arisco Insurance Group
17 Forestview Drive, Wolcott, CT
(203) 379-7852

ELDER LAW ATTORNEY

Phillip Ricciuti - Fazzone, Ryan, Ricciuti
2 Town Center
(203) 250-2222

Knott and Santoro
325 South Main Street
(203) 271-3031

Jim Miele
396 South Main Street
(203) 272-0371

[Outside of Cheshire:](#)

Fischer & Fischer
49 Amity Road, West Haven, CT
(203) 933-2516

Bronson, Rice & Simon
265 Washington Avenue, Bethany, CT
(203) 393-1548

Julia M. Brown
934 Chase Pkwy. Waterbury, CT
(203) 755-6277

Disclaimer: *Elim Park does not refer people to any specific advisor or attorney but are happy to provide this list of local professionals who have helped other residents over the years.*

At Elim Park, we offer a wide range of wellness services right here on campus—from on-site fitness classes in our gym and pool to personalized home care through our in-house ALSA team. **Please visit or call the ALSA office for details.**

We understand that some residents may wish to explore additional services in the wider community. Here are some external wellness resources that complement what we offer and help you stay active, healthy, and supported:

SENIOR TECHNOLOGIES

Assisted Living Technologies

290 Highland Ave
info@assistedlivingtechnologies.com
(203) 235-8324

MASSAGE THERAPY

Nature of Massage

1263 S Main Street
(203) 250-7924

Cheshire Massage

350 S Main Street
(203) 200-0103

MEDICAL EQUIPMENT

On the Mend

50 Spring St, Southington, CT
(860) 777-1042

Apex Pharmacy

2380 Dixwell Ave, Hamden, CT
(203) 281-6571

Stoll's DME

185 Grove St, Waterbury, CT
(203) 575-0199

FREE SENIOR RESOURCES

Center for Healthy Aging

280 S Main St
(203) 250-4136

Cheshire Senior Center

240 Maple Ave
(203) 272-8286

PHARMACIES

CVS

581 Highland Ave
(203) 250-2251
or
905 S Main St
(203) 272-3255

Omnicare *(Delivery Only)*

(203) 272-3856

Unity Pharmacy *(Delivery)*

(203) 290-2777

Stop & Shop Pharmacy

275 Highland Ave
(203) 272-3697

Cheshire is proud to offer a robust Senior Center that is an integral part of the town's municipal services. Senior and Transportation Services, a division of the Human Services Department, is dedicated to making Cheshire a desirable place to live for seniors. A wide range of educational, recreational, social, and volunteer programs are available to all residents of Elim Park.



BENEFITS, INSURANCE & FINANCIAL ASSISTANCE

- CHOICES Counselors (Medicare, Medicaid, prescription plans, long-term care options)
- Benefits CheckUp reports (state/federal benefits, veterans' benefits)
- Senior, veteran, and low-income discounts or cost-saving programs



ACTIVITIES / PROGRAMS

- Fitness & Wellness Classes
- Lectures
- Games and Crafts
- Days trips
- Overnight Trips
- Travel Abroad



CAREGIVER SUPPORT & COUNSELING

- Caregiver counseling
- Caregiver support groups
- Individual caregiver support and assistance



MENTAL HEALTH, WELLNESS & EMOTIONAL SUPPORT

- Memory screenings
- Depression screenings
- Support programs for lonely or socially isolated individuals



HEALTH SCREENINGS FOR YOU AND YOUR PET

- Hearing screenings
- Community pet clinics (vaccinations, basic care)



TRANSPORTATION

- Transportation within Cheshire
- Transportation for medical appointments outside of Cheshire
- See next page for more details!



TAX PREPARATION & FINANCIAL GUIDANCE

- AARP Tax-Aide (free tax preparation and filing assistance)

BEFORE YOUR FIRST TIME USING CHESHIRE TRANSPORTATION

All new passengers must begin the application process by calling the Transportation Office at the Cheshire Senior Center at **(203) 272-0047**; this will also be the phone number to call when you are ready to place your ride requests.

During this process: Staff will collect your basic information and a social worker will schedule a face-to-face appointment to assess your transportation needs.

Please note: This process may take up to two weeks to complete.

Please call in your ride requests by 11:00 AM the day before.

The Senior Center is not responsible for items left on the bus or van.

Suggested Donation: \$1.00/way for in-town rides, \$3.00/way for out-of-town appointments

TRANSPORTATION DESTINATIONS

Transportation Is Available For:

- Medical appointments within the service area
- Grocery shopping and pharmacy visits
- Trips to the Cheshire Senior Center
- Personal appointments, based on availability
- Available for those 55+ and adult disabled passengers.

Elim Park offers transportation, but Cheshire Transportation Services is a great resource if Elim Park ever can't accommodate a request.

SCHEDULING YOUR RIDE

- Ride requests are accepted up to 2 weeks in advance.
- Requests made after 11:00 AM the day before your ride are subject to availability.
- Please allow a 10-minute window on both sides of your scheduled pick-up time for the bus to arrive.
- Hours of operation 8:30AM – 4:00PM for appointments scheduled between 8:30AM – 2:45PM.
- **The Senior Center transportation will not be able to accommodate any appointments that start after 2:45 PM.**
- Rides to out-of-town appointments only available between 10:00am and 2:00pm

TOWNS & DAYS AVAILABLE FOR RIDES TO MEDICAL APPOINTMENTS

- Monday: Meriden
- Tuesday: North Haven & Hamden
- Wednesday: Wallingford
- Thursday: New Haven & West Haven VA
- Friday: Wallingford & Waterbury Outpatient VA Clinic